



DUBAI



Joint & Spine Interventional Pain Management Workshop 2025

Masterclass on Cryoneurolysis,
Radiofrequency & Regenerative Medicine

Endorsed by

International Society for Ultrasound
Guided Cryoneurolysis (ISUGC)



 **Le Méridien**
Dubai Hotel, Dubai



22nd & 23rd
February 2025



SCIENTIFIC COMMITTEE

(alphabetically arranged)



Dr. Abdulla Al Rahomai

Consultant in Sports Medicine,
Physical Medicine, and Rehabilitation,
UAE



Dr. George Chang Chien

Specializes in Musculoskeletal
Medicine and Comprehensive
Pain Management. USA



Dr. Igor Filipovski

Staff Physician Consultant
Pain Management
Denmark



Dr. José Pereira

Consultant Physical Medicine
& Rehabilitation
Luxembourg



Dr. Rahul Bhansali

Staff Physician Consultant
Pain Management
UK



Dr. Rodney Gabriel

Staff Physician Consultant
Pain Management
USA



Dr. Sadiq Bhayani

Staff Physician Consultant
Pain Management,
Abu Dhabi, UAE



Dr. Shravan Tirunagari

Consultant in Pain Medicine &
Anaesthesia, King's College
Hospital, Dubai,
UAE



Dr. Nomen Azeem

Staff Physician Consultant
Pain Management
USA

DAY 1

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- 8.30 - 9.00** **Welcome & Introduction**
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- 9.00 - 9.30** **Basics of Radio-frequency - How does it work?**
Needles & RF Generators
Dr. Sadiq Bhayani (UAE)
- 9.30 - 9.50** **Basics of Cryoneurolysis- How does it work?**
Probes & Cryo-machine
Dr. Igor Filipovski (Denmark)
- 9.00 - 9.20** **Anatomy pertaining to Spinal Interventional Pain Management**
. Cervical Spine
Dr. Nomen Azeem (USA)
- 9.20 - 9.40** **Anatomy pertaining to Spinal Interventional Pain Management**
. Thoracic Spine
Dr. Sadiq Bhayani (UAE)
- 9.40 - 10.20** **Anatomy pertaining to Spinal Interventional Pain Management**
. Lumbar Spine & Sacrum
Dr. Nomen Azeem (USA)
- 10.20 - 10.30** **Q&A**
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- 10.30 - 11.00** **Tea/Coffee break**
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- 11.00 - 11.30** **Anatomy pertaining to Major Joints interventional Pain Management**
Knee, Hip and Shoulder Pain Joint
Dr. Sadiq Bhayani (UAE)
- 11.30 - 11.50** **How do I do it? Cervical Spine interventions**
RF/ Cryo of facet joints
Dr. Nomen Azeem (USA)
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- An aerial night view of Dubai, United Arab Emirates, featuring the Burj Khalifa as the central focus. The city lights are visible, and the Burj Khalifa's distinctive tiered structure is illuminated against the dark sky. The surrounding urban landscape and the Dubai Mall are also visible in the foreground.

DAY 1

11.50 - 12.10 How do I do it? Thoracic Spine interventions
RF/ Cryo of facet joints
Dr. Sadiq Bhayani (UAE)

12.10 - 12.30 How do I do it? Lumbar Spine interventions
RF/ Cryotherapy of facet joints
Dr. Nomen Azeem (USA)

12.30 - 12.50 How do I do it? Sacro-iliac joint interventions
RF/ Cryotherapy of Sacroiliac joint
Dr. Nomen Azeem (USA)

12.50 - 13.00 Q&A

13.00 - 14.00 Lunch break

14.00 - 14.20 How do I do it?
Knee Joint articular branches block, RF/ Cryo
Dr. Igor Filipovski (Denmark)/ Dr Prit Singh Anand (Singapore)

14.20 - 14.40 How do I do it?
Hip Joint articular branches block, RF/ Cryo
Dr. Rahul Bhansali (UK) / Dr Sadiq Bhayani (UAE)

14.20 - 15.00 How do I do it?
Shoulder Joint articular branches block, RF/ Cryo
Dr. Simao Serrano (Portugal) / Dr Igor Filipovski (Denmark)

15.00 - 15.30 Cryotherapy & Pulsed RF for Peripheral Nerves
Dr. Rodney Gabriel (USA)/ Dr Sadiq Bhayani (UAE)

15.30 - 16.00 Tea/Coffee break

DAY 1

16.00 - 16.30

How do I do it?
Regenerative Medicine for MSK pain management
(PRP, Bone Marrow Aspirate Concentrate & Liposomes)
Dr. George Chang Chien (USA)

16.30 - 17.00

Cryoablation for Spasticity Management
Dr. Jose Pereira (Luxembourg)

17.00 - 17.20

Prolotherapy for Spine & Major joint pain management
Dr. Tony NG (Australia)

17.20 - 17.35

Q & A/ Closure



DAY 2

Hands on scanning and procedures on high fidelity ultrasound simulators

8.00 - 8.30 Registration & Coffee

8.30 - 9.30 Live Demo of Knee, Hip & Shoulder Joint RF/ Cryo

9.30 - 10.15 Station 1

10.15 - 10.45 Break/ Exhibits

10.45 - 11.30 Station 2

11.30 - 12.15 Station 3

12.15 - 13.00 Station 4

13.00 - 14.00 Lunch Break

14.00 - 14.45 Station 5

14.45 - 15.30 Station 6

15.30 - 16.00 Break/ Exhibits

16.00 - 16.45 Station 7

16.45 - 17.30 Station 8

17.30 Feedback & Closure

DAY 2

Hands on scanning and procedures on high fidelity ultrasound simulators

- Station 1** Knee Articular branches performance of Diagnostic Block & Assessment
- Station 2** Knee Articular branches RF/ Cryoneurolysis
- Station 3** Hip Articular branches performance of Diagnostic Block & Assessment
- Station 4** Hip Articular branches RF/ Cryoneurolysis
- Station 5** Shoulder Articular branches performance of Diagnostic Block & Assessment
- Station 6** Shoulder Articular branches RF & Cryoneurolysis
- Station 7** Peripheral Nerves Pulsed RF & Cryoneurolysis
- Station 8** Cryoneurolysis for Spasticity
- Station 9** PRP for Joints (Preparation & Injection technique for major joints)

MASTERCLASS FACULTY

(alphabetically arranged)

Dr. Amit Verma

Consultant in Anaesthesia & Pain Management, Abu Dhabi,
UAE

Dr. George Chang Chien

Specializes in Musculoskeletal Medicine and Comprehensive Pain Management,
USA

Dr. Himanshu Chauhan

Consultant in Anaesthesia & Pain Management, Abu Dhabi,
UAE

Dr. Igor Filipovski

Staff Physician Consultant Pain Management
Denmark

Dr. Jatin Dedhia

Consultant Pain Medicine & Anaesthesia, Mubadala Health, Dubai,
UAE

Dr. Jaya Batra

Consultant in Anaesthesia & Pain Management, Abu Dhabi,
UAE

Dr. Jose Pereira

Consultant Physical Medicine & Rehabilitation
Luxembourg

Dr. Manesh Matthews

Consultant in Pain Medicine & Anaesthesia, Tawam Hospital, Al Ain,
UAE

Prof. Dr. Massimo Pirraci

Consultant Orthopaedic Surgeon, Medcare Hospital, Dubai,
UAE

Dr. Mohamed Elahl

Consultant pain management & Anaesthesia, Abu Dhabi,
UAE

Dr. Mohammed Eltoukhy

Consultant pain management & Anaesthesia, Dubai,
UAE

MASTERCLASS FACULTY

(alphabetically arranged)

Dr. Mosbah Salem El Khodary

Specialist Orthopaedic Surgeon, Al Ain,
UAE

Dr. Nomen Azeem

Staff Physician Consultant Pain Management
USA

Dr. Prit Anand Singh

Consultant in Pain Medicine & Anaesthesia, Changi General Hospital,
Singapore

Dr. Rahul Bhansali

Staff Physician Consultant Pain Management
UK

Dr. Ravi Kare

Consultant in Pain Medicine & Anaesthesia, Healthpoint Hospital, Abu Dhabi,
UAE

Dr. Rodney Gabriel

Staff Physician Consultant Pain Management
USA

Dr. Sadiq Bhayani

Staff Physician Consultant Pain Management, Abu Dhabi,
UAE

Dr. Sharmila Tulpule

Consultant Orthopaedic Surgeon, Saudi German Hospital, Dubai,
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Dr. Shravan Kumar Tirunagari

Consultant in Pain Medicine & Anaesthesia, King's College Hospital, Dubai,
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Dr. Simao Serrano

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Dr. Syed Abu Sayeed

Specialist Anaesthesia & Pain Management, Al-Ain,
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